



We will be traveling to Epworth By The Sea on beautiful St. Simon's Island for our 2010 Ladies Retreat. Rooms will be located in The Turner Lodge which stands on the banks of the Frederica River. Each room has a magnificent view and balcony overlooking the river. The Turner Lodge is one of the newest lodging facilities at Epworth By The Sea.

All meals, beginning with Friday night dinner through Sunday lunch, are included with your retreat registration fee of \$195.00 .

**SPACE IS LIMITED
REGISTER EARLY!**



***Sing to him, sing praise to him:
tell of all his wonderful acts.
Glory in his holy name;
let the hearts of those who seek the
Lord rejoice.
Look to the LORD and his strength;
Seek his face always.
(1 Chronicles 16:9-11)***



***Martha Bowman UMC
2010 Ladies Retreat
March 5-7
Epworth by the Sea
“BREATHE”***



REGISTRATION FORM

Name: _____

Address: _____

Phone: _____

Emergency Contact: _____

Double (\$195.00)

Single (\$235.00)

Quad/Triple (\$185.00)

Roommate: _____

Assign me a roommate

****\$45.00 NONREFUNDABLE
DEPOSIT REQUIRED!**

*******To use PayPal, go to our website
(www.marthabowman.org) . Click on
make a donation. Make sure you
indicate Ladies Retreat in the
description box.*******

I would also like to make a contribution of _____ to the scholarship fund.

TRANSPORTATION (check one)

I will provide my own transportation.

I would like to ride with the group. (Depart NOON on Friday)

I'm willing to drive and provide my vehicle as transportation for the group.



*2010 Retreat Speaker
Wendee Goodman*

Our speaker for the 2010 retreat is Wendee Goodman. For many of you, Wendee is no stranger. She faithfully served Martha Bowman UMC as Director of Lay Ministries from 1999-2005. After leaving Macon, Wendee has served as Director of Spiritual Formation, provided leadership for prayer retreats in her area, and is currently the Prayer Ministry Leader at Hillsdale UMC in Advance, NC. She is also a contributing writer for Forsyth Women Magazine. She and her husband, Tim, now reside in Clemmons, NC.

The following is a special note from Wendee:

"Just the very thought of spending a weekend with women who are willing to step aside and "retreat with the Lord," blesses me beyond words. You can expect something a little different at this year's retreat. Words like breathe, scripture, relax, trust, celebrate, sing, prayer, worship, and thankfulness describe the plans that are being made for each of you! I can't wait to see each of you!" Wendee



**Introducing our Worship
Leaders.....**

Christine Vales has been ministering in music since 1998. Her original works have fallen upon the hearts and minds of many from her hometown roots of New Jersey to across the country and currently to many on the Georgia coast. Previously with the group "The Rockflowers," Christine began ministering as a solo artist in 2003. The Lord has also planted a deep passion for worship in Christine's heart. She leads worship at her home church and also is guest leader at other churches, Bible studies, and events. Christine also mentors women on worship leading and songwriting. Her second CD, "Evergreen," was released in 2006.

Co-leading in worship this year, we are excited to have **Cyle Tucker Lewis** join us for the retreat! Cyle is a song-writer, pianist, flautist, guitarist, and vocalist born and raised the Brunswick/St. Simon's Island area. Hailing from an artistic family, she is the daughter of Mack Tucker, an accomplished worship leader, songwriter, church planter, & pastor and Alyson Tucker, a successful artist. Her sister, McKendree Augustas, is a Dove Award-nominated producer and current member of SonicFlood. Cyle, with her husband, is one half the heart of the worship band Saint Lewis.